

The Basics

What is Sheltering Arms/ ADC?

At Sheltering Arms Adult Day Centers, older adults who are unable to stay home alone due to dementia or physical disability can attend for activities and socialization.

What services are available for caregivers?

Our friendly, compassionate staff are experienced in the field of aging, and can offer suggestions and advice to assist families and their loved ones through difficult times.

Staffing

Our staffing ratio is 1:4. This allows us to run different groups simultaneously, as well as to provide our participants with individualized attention. A nurse is on staff two days a week, as well as several trained activity associates. Our CTRS spends time at both sites each week to meet with participants and better tailor the program to their needs.

3300 S. Adams Rd.
Auburn Hills, MI 48326
Phone: 248-537-3300
Fax: 248-537-3306

18310 W. 12 Mile Rd.
Southfield, MI 48076
Phone: 248-557-7373
Fax: 248-559-1140



Sheltering Arms Adult Day Center, Older Adult Counseling, and Caregiver Support Services are CARF accredited.

Catholic Social Services of Oakland County (CSSOC) receives funds from United Way, Area Agency on Aging 1-B, Corporation for National Service, state, and federal contracts, client fees, insurance reimbursement, and individual and corporate donations.

CSSOC is funded through Title III of the Older Americans Act from Area Agency on Aging 1-B, through the office of Services of the Aging.

CSSOC complies with the terms and regulations of Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation's Act of 1973.

Equal opportunity employer program. Reasonable accommodations will be provided upon notification.

Sheltering Arms Frequently Asked Questions

You Have Questions...



We Have Answers



Proudly offered by
Catholic Social Services of Oakland County

Admission

Criteria

Our program is currently designed to serve individuals who are:

- Sixty years of age or older (some flexibility is possible at the Director's discretion)
- In need of environmental supervision in home by family and/or caregiver
- Able to move from a wheelchair with one person assisting
- Free from infectious disease

The program currently is not able to serve those who:

- Wander excessively
- Have acute medical needs
- Aggressive behavior, or behavior inappropriate for a group environment

Enrollment procedure

Our enrollment procedure is a three-step process. First, we ask the caregiver and their loved one to come in for a brief facility tour. After the family doctor completes a brief medical form and the prospective participant has tested negative for tuberculosis, we invite the prospective participant in for a free two-hour lunch. The third step is to invite the caregivers to meet with our social worker for an intake appointment where we take a social history and schedule days. After that, services can begin.

What is Included?

- Activities: Our Certified Therapeutic Recreation Specialist (CTRS) develops a flexible monthly schedule designed to meet current participants' needs and interests. Activities include, physical stretching, trivia, memory or sensory recall, art, music therapy, and more.
- Lunch and two snacks
- Personal care
- Light health monitoring by our RN
- Transportation for clients living within a 15-mile radius of the facility (costs begin at time of pick-up and end at time of drop-off)
- Medication reminders

Cost

Part-time costs are \$12.00 per hour, while full time (35+ hours per week) is \$8.00 per hour. There is a one-time intake fee of \$50.00. A sliding-fee scale is available upon application.



Facilities

Sheltering Arms North

3300 S. Adams Rd.
Auburn Hills, MI 48326
(248) 537-3300

Sheltering Arms South

18310 West 12 Mile Road.
Southfield, MI 48076
(248) 557-7373

Hours of operation

Sheltering Arms is open Monday through Friday from 7:00am to 6:00pm. Our van pick-up route ends at 10:00am and starts bringing people home at 3:00pm. One-way trips are available upon request. Our Southfield site is also open one Saturday per month from 8:00am to 3:00pm, and participants from both sites are welcome to attend.

Accreditations

Sheltering Arms Adult Day Centers are a part of Catholic Social Services of Oakland County, and are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), which has specific standards for adult day centers. Sheltering Arms is partially funded by Area Agency on Aging-1B and United Way, though we also receive personal donations. We are a member of the Michigan Adult Day Services Association (MADSA), as well as the National Adult Day Services Association (NADSA).